

Taking Strides for MDA 2010



5th Annual
5k Run/Walk
June 6th @ 9:00 a.m.
Seneca City Park

1/2 mile fun run
(ages 10 and under)
~10:00 (following the 5k)
NVHS track

Race Fees and T-shirts

Fees for 5k event (includes t-shirt)

\$15.00 by May 28th

\$20.00 late registration & day of race

No Participation Fee for 1/2 mile

(registration is not required!)

T-shirt order only

\$10.00 by May 28th

(available day of event)

\$10.00 late registrations or day of event

(pick up t-shirt at a later time)

T-shirts

Please check the size of t-shirt you
would like ordered:

Adult XL _____ Youth L _____

Adult L _____ Youth M _____

Adult M _____ Youth S _____

Adult S _____

“A benefit to raise
money for the
MDA”

Entry Form

Name

(print) _____

Address

City, State, Zip

Phone

If under 18, parent/guardian signature

Entry fees must accompany entry form,
and are non-refundable. You may copy
this form for additional entries. Make
checks payable to NVCH.

Mail entries to:

NVCH

1600 Community Dr.

Seneca, KS 66538

Attn: Anita White

Contact Anita White, Mary Sparling,
Linda Kohake or Valerie Scott with
questions at 336-6181.